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Winter/Spring
2010

*The Leisure
Connection*

Clayton County, Georgia

Director's Message

On behalf of the Clayton County Parks and Recreation Department (CCPRD), I would like to welcome you to our Winter/Spring 2010 Leisure Connection.

The Parks and Recreation Department continuously evaluates the programs and services we offer to the citizens of Clayton County. Our mission and core values encourage mental, social, and physical well-being for all our citizens. We sincerely hope Clayton County is a better place to live because of the efforts our staff makes in providing facilities and programs encompassing the interests of everyone within the community.

CCPRD has been fortunate to be able to provide, because of your willingness to support them, some of the finest, state-of-the-art facilities in the entire Metro area. We are committed to and will continue to strive to enhance both our parks and recreational opportunities by working hand-in-hand with all of our fine citizens.

I hope this guide will provide you with valuable information about the parks and recreational facilities and the wide range of programs available to you in Clayton County.



**Director
Detrick Stanford**

Mission Statement:

The Mission of Clayton County Parks and Recreation Department is to foster leisure activities, pursuits and experiences through the provision of comprehensive and affordable recreation programs and facilities to the citizens of Clayton County.

Vision Statement:

Clayton County Department of Parks and Recreation strives to engage and connect communities through peoples, parks and programs by providing a diverse offering of events and activities within our parks and facilities while enhancing the quality of life for the residents of Clayton County.

Board of Commissioners

Eldrin Bell,
Chairman

Sonna Singleton,
Commissioner: District 1

Gail Hambrick,
Commissioner: District 2

Wole Ralph,
Vice Chairman, District 3

Michael Edmondson,
Commissioner: District 4

Clayton County Board of Commissioners



Advisory Board Members

Tony Antoine,
Chair

Janie Griffin,
Vice Chair

Jim Buckman

Michael Cooper

Barbara Cutts-Griffin

Jarvis Jackson

Russell Tod Nichols II

Phone Directory

Information Hotline.....	770-473-5425
Administrative Office.....	770-477-3766
Administrative Staff	
Detrick Stanford.....	770-477-3769
Director	
Troy Hodges.....	770-603-4013
Assistant Director	
Troy Stubbs.....	770-603-4000
Deputy International Park Administrator	
Nicole Horne.....	770-603-4159
Recreation Administrator	
Ricardo Newman.....	770-473-5424
Deputy Park Administrator	
Nathan Parrott.....	770-603-4188
Green Space Superintendent	
Athletic Division.....	770-473-3952
Koboi Simpson, Superintendent	
Athletics (Parks)	
Jonesboro / Rum Creek Park.....	770-473-5733
Lovejoy / Gerald Matthews.....	770-603-3800
Lovejoy Soccer Complex.....	770-603-3952
Morrow / Lake City Park.....	770-603-5294
Panhandle Park.....	770-473-5730
Flat Shoals Park.....	770-472-7623
Rex Park.....	770-473-5731
Clayton County International Park	770-477-3766
Birthday Parties.....	770-603-4165
Catering/Rental Information VIP.....	770-603-4005
Muscle Beach Fitness Center.....	770-472-8093
Tennis Center.....	678-479-5016
Recreation Services	
Jim Huie/Steve Lundquist Center.....	678-479-5136
Alan Dotson, Manager	
Carl Rhodenizer Recreation Center..	770-472-8042
Mario Henson, Manager	
Virginia Gray Recreation Center.....	770-603-4001
Irma Monroe, Manager	
Marketing and Sales.....	770-603-4005
Amy Keeney, Manager	
Reynolds Nature Preserve.....	770-603-4188
Stephanie Berens, Manager	

SESSION DATES:

Session I / 5 weeks

Classes Begin: Jan. 4 - Feb. 6

Registration Dates: Dec. 7 - Jan. 9

Session II / 5 weeks

Classes Begin: Feb. 15 - March 20

Registration Dates: Feb. 1 - Feb. 20

Session III / 6 weeks

Classes Begin: March 29 - May 8

Registration Dates: March 15 - April 3

FACILITIES CLOSED:

December 24-25, 2009

January 1, 2010

January 18, 2010

**Please contact the facility or park of interest for amended hours of operation during the holiday season.*

Office Hours

(Closed on Holidays)

Administrative Offices:

Monday through Friday 8:00am until 5:00pm

Athletic Offices:

Monday through Friday 8:00am until 5:00pm

International Park:

Monday through Friday 8:00am until 5:00pm

Recreation Centers:

Monday through Friday 8:00am until 9:00pm

Saturday 9:00am until 6:00pm

Reynolds Nature Preserve:

Monday through Friday 8:00am until 5:00pm

Tennis Center:

Monday through Friday 9:00am until 9:00pm

Saturday 9:00am until 6:00pm

Sunday 12:00pm until 6:00pm

Map and Park Amenities

COMMUNITY & REGIONAL PARKS

- 1 **FLAT SHOALS PARK**
1915 Flat Shoals Road, Riverdale
770-472-7623
- 2 **GERALD MATTHEWS SPORTS COMPLEX**
1935 McDonough Road, Hampton
770-473-3800
- 3 **INDEPENDENCE PARK**
8970 Thomas Road, Jonesboro
- 4 **J. CHARLEY GRISWELL PARK AT RUM CREEK**
1303 Government Circle, Jonesboro
770-473-3733
- 5 **MORROW LAKE CITY PARK**
5555 North Lake Drive, Lake City
770-603-5294
- 6 **PANHANDLE PARK**
10930 Panhandle Road, Jonesboro
- 7 **REX PARK**
3499 Rex Road, Rex
- 8 **REYNOLDS NATURE PRESERVE**
5665 Reynolds Road, Morrow
770-603-4188

ADDITIONAL FACILITIES

- 9 **CLAYTON COUNTY INTERNATIONAL PARK**
2300 Highway 138 S. E., Jonesboro
Main Office: 770-477-3766
Marketing & Sales: 770-603-4005
Muscle Bench Fitness: 770-472-8093
Tennis Center: 678-479-5016
- 10 **JESTERS CREEK/GREENWAY**
844 Jester Lake Drive, Jonesboro

NEIGHBORHOOD PARKS

- 11 **BONANZA PARK**
10574 Panhandle Road, Avonboro
- 12 **GRANT ROAD PARK**
4255 Grant Road, Ellenwood
- 13 **J. W. ARNOLD PARK**
140 Irvin Street, Jonesboro
- 14 **KEY STREET PARK**
Key Street, Jonesboro
- 15 **LEE STREET PARK**
140 Smith Street, Jonesboro
- 16 **MADDOX ROAD PARK**
6650 Maddox Road, Morrow
- 17 **PARADISE PARK**
5455 Trucks Boulevard, Morrow
- 18 **PINE CIRCLE PARK**
5761 Pine Circle, Ellenwood
- 19 **REID STEPHENS PARK**
2624 Walt Stephens Rd., Jonesboro
- 20 **SIGMA CHI MEMORIAL PARK**
11095 Tara Boulevard, Jonesboro

COMMUNITY CENTERS

- 21 **CARL RHODENIZER REC. CENTER**
5499 Rex Road, Rex
770-472-8042
- 22 **JIM HUIE REC. CENTER**
9045 Tara Blvd., Jonesboro
678-479-5136
- 23 **STEVE LUNDQUIST AQUATICS FACILITY**
9045 Tara Blvd., Jonesboro
678-479-5135
- 24 **VIRGINIA BURTON GRAY CENTER**
1475 East Fayetteville Road, Riverdale
770-603-4001



Clayton County
Parks and Recreation
Department

Legend

- BICYCLE TRAILS
- VOLLEYBALL
- TENNIS
- WALKING TRAILS
- PLAYGROUND
- PICNIC AREAS
- BASEBALL SOFTBALL
- RESTROOMS
- CONCESSIONS
- POOL
- CATERING KITCHEN
- MULTI-PURPOSE ROOM
- BASKETBALL
- WEIGHT ROOM
- GYMNASIUM
- SOCCER FIELDS
- FOOTBASE/SOFTBALL

A New Year A New Look A New You



The Clayton County Parks and Recreation Department (CCPRD) is dedicated to providing quality programming and services in a safe, aesthetically pleasing park system to families and residents of Clayton County and the surrounding communities. We take great pride in adding to the quality of life that makes our community such a great place to live. Looking ahead, while the rapidly changing national and local economies create a challenge, it is our collective promise to continue providing a variety of enhanced facilities and services for all of Clayton County's citizens to enjoy.

Two of the recommendations, outlined in the recent Master Plan developed for the Department, encouraged a branding of the identity of CCPRD and, secondly, called for increased dissemination of information describing a comprehensive view of all amenities and programs available to Clayton County residents seeking leisure services and wellness activities for themselves and their families. To address this branding need, the CCPRD launched a logo competition, soliciting designs from individuals in the community and followed it up with an online voting process, resulting in the winning submission shown above. Our new logo, selected by the community, is now applied to all documents distributed by the Department, to include internal, as well as external handouts, flyers, postcards, banners, etc. As resources permit, we will identify all parks and trails throughout Clayton County with new signage displaying the CCPRD logo. It is our intention that whenever you see CCPRD's logo it will automatically translate to thoughts of the wide range of meaningful and enjoyable experiences the CCPRD provides on a continuing basis.

When it comes to providing you with the most up-to-date information on amenities, services and programs currently being offered, our Department website (www.claytonparks.com)

has been redesigned for maximum benefit. Hopefully these new, user-friendly upgrades will provide you with a more detailed view of what's available and will also serve to supplement our quarterly guide, the Leisure Connection, with information about the activities of the season as it becomes available. We are also very excited to have recently expanded our lines of communication by joining the internet sites of Facebook (www.facebook.com) and Twitter (www.twitter.com/claytonparks). Please take some time to visit these sites and explore the many opportunities they afford.

Finally, our Constituent Services Unit, (770) 477-3766, is available to you when you have any questions or concerns. This Unit continues to provide personal attention to all constituent questions, concerns and provides follow-up with solutions and accurate information in a timely manner.

As the New Year unfolds, it is our hope that you will join with the Clayton County Parks and Recreation Department team in recommitting ourselves to taking more time in 2010 to focus on those individuals and activities in your lives that are most meaningful and beneficial to your quality of life. With that, hopefully the new look of CCPRD, the enhanced edition of the Leisure Connection, our redesigned website, and our Facebook and Twitter sites, will result in increased enjoyment as you discover the wide range of amenities, programs and services offered. Please keep in mind that we do depend upon your thoughts and ideas as we continue striving to provide innovative programs and services most beneficial to the entire community. So, please continue to give us your thoughts via our website at www.claytonparks.com, our Twitter address at www.twitter.com/claytonparks, or on Facebook at www.facebook.com.

Indoor Facility Rentals



Location	Carl Rhodenizer Recreation Center					
Reservations: 770-472-8042	Weekday Fees	Weekend Fees	Capacity	Capacity (Banquet)	Capacity (Theater)	Capacity (Classroom)
Community Room	\$50/hr	\$100/hr	130	130	130	130
Gym Rental	\$75/hr	\$150/hr	250	250	250	250
Conference Room	\$25/hr	\$50/hr	30	30	30	30
Multi-Purpose Room	\$25/hr	\$50/hr	30	30	30	30

Minimum 2 hour Rental / \$150 Refundable Security Deposit Required

Location	Virginia Burton Gray Recreation Center					
Reservations: 770-603-4001	Weekday Fees	Weekend Fees	Capacity	Capacity (Banquet)	Capacity (Theater)	Capacity (Classroom)
Community Room	\$50/hr	\$100/hr	130	130	130	130
Gym Rental	\$75/hr	\$150/hr	250	250	250	250
Conference Room	\$25/hr	\$50/hr	30	30	30	30
Multi-Purpose Room	\$25/hr	\$50/hr	30	30	30	30

Minimum 2 hour Rental / \$150 Refundable Security Deposit Required

Location	Jim Huie Recreation Center					
Reservations: 678-479-5139	Weekday Fees	Weekend Fees	Capacity	Capacity (Banquet)	Capacity (Theater)	Capacity (Classroom)
Community room	\$50/hr	\$100/hr	130	80	120	60
Gym Rental	\$75/hr	\$150/hr	250	N/A	N/A	N/A
Art Room	\$25/hr	\$50/hr	60	40	50	30
Ceramics Room	\$25/hr	\$50/hr	60	40	50	30

Minimum 2 hour Rental / \$150 Refundable Security Deposit Required

Location	Steve Lundquist Aquatic Center		
Reservations: 678-479-5139	Fees	Capacity	Additional Information
Lane Rental	\$100/hr	600	(Each additional hour \$100)
Daily Pool Rental (Swim Meets Only)	\$600 / 6hrs	600	(Each additional hour \$100)
Equipment Rental	\$250	Lap lanes, starting blocks, timing systems with scoreboards.	
Lifeguards	\$10 per hr	(Minimum 4 guards per rental required)	
Maintenance	\$20 per hour	(Minimum 1 staff per rental required)	
Setup Fee	\$25		

Minimum 2 hour Rental / \$150 Refundable Security Deposit Required

Outdoor Facility Rentals

Clayton County International Park Pavilion Rentals

A \$150 refundable clean-up fee is required on all rentals in addition to rental fees.
All fees are due at time of booking.



BEACH PAVILIONS	CAPACITY	RENTAL FEE
St. John	500+	\$800.00
St. Martin	500+	\$800.00
St. Kitts	500+	\$700.00



Admission tickets to Beach Pavilions are \$8.00 per guest only when pre-purchased. The \$8.00 fee includes beach admission, miniature golf, beach volleyball and horseshoes. Beach Pavilion rentals must provide a load-in and load-out time for client to bring in food and supplies. This time may not exceed one hour. Beach Pavilions are available for rental during the Beach Season only. Wednesday and Thursday from 10AM-6PM, Friday 11AM-6PM, Saturday 10AM-7PM, and Sunday 1PM-7PM. With a valid driver's license, Volleyball and Horseshoes can be checked out during the Beach Season at no cost.



PARK PAVILIONS	CAPACITY	RENTAL FEE
St. Thomas	200+	\$600.00
St. Vincent	100+	\$300.00
Sports Pavilion	100+	\$300.00
Grand Cayman	100+	\$300.00
San Juan	100+	\$300.00
St. Barts	75+	\$300.00



Fees for Park Pavilions include only the Pavilion. Access to The Beach requires an additional cost. Park Pavilions are available for rental everyday from 10AM until 8PM with the exception of some holidays. With a valid driver's license, Volleyball and Horseshoes can be checked out during the Beach Season at no additional cost.

For additional information please call (770) 603-4005 - www.claytonparks.com

Clayton County Parks and Recreation Park Pavilions		
Location	Rental Fee	Capacity
Pine Circle Park	Complimentary Includes 1 (4X7) grill	32
Grant Road Park	Complimentary Includes 1 (4X7) grill	20

The pavilions listed above are complimentary and are available on a first come basis.
Water and electrical outlets are not available at the pavilions listed above.
The park hours are 8:00am to dusk.

Clayton County Parks and Recreation Park Pavilion Rentals		
Location	Rental Fee	Capacity
Rum Creek	\$40/2hrs	32
Flat Shoals	\$40/2hrs Includes 1 3X4 grill	48
Gerald Matthews	\$40/2hrs	32
Panhandle	\$40/2hrs 3 grills: 2 (15X20) 1 (28X36)	26

\$10 for each additional hour
Pavilions on Sunday are available on a first come basis unless reserved for a tournament.
Pavilion rental includes a covered picnic area, picnic tables and grills where noted.
Park Pavilion Rentals: 770-473-3952

Recreation Center Fees and Hours of Operation



**Carl Rhodenizer
Recreation Center**
3499 Rex Road
Rex, GA 30273
(770) 472-8042



**Jim Huie / Steve Lundquist
Recreation Center**
9045 Tara Blvd.
Jonesboro, GA 30236
(678) 479-5134



**Virginia Burton Gray
Recreation Center**
1475 E. Fayetteville Rd.
Riverdale, GA 30274
(770) 603-4001

Facility Hours of Operation

Monday - Friday 8:00am-9:00pm
Saturday 9:00am-6:00pm
Sunday Closed

Pool Hours of Operation

Carl Rhodenizer: (Outdoor Pool Only)
(Hours/Dates Subject to Change)
Monday - Friday 10:00am-8:00pm
Saturday 10:00am-5:00pm

Jim Huie/Steve Lundquist:
Monday - Friday 8:00am-6:00pm
Saturday 9:00am-5:00pm

Virginia B. Gray:
Monday/Wednesday 9:00am-4:30pm
Tuesday/Thursday 9:00am-5:30pm
Friday 9:00am-8:00pm
Saturday 9:00am-5:00pm

Recreation Center Usage Fees and Memberships		
<i>Resident Status</i>	<u>Resident</u>	<u>Non-Resident</u>
Daily (Youth)	\$2.00	\$3.00
Daily (Adult)	\$3.00	\$5.00
Monthly (Youth)	\$15.00	\$20.00
Monthly (Adult)	\$20.00	\$25.00
Monthly (Senior)	NA	\$15.00
Yearly (Senior)	\$5.00	NA
3 Months (Youth)	\$40.00	\$45.00
3 Months (Adult)	\$55.00	\$60.00
*Monthly Family	\$35.00 (2 Person Max)	\$45.00 (2 Person Max)
*3 Months Family	\$95.00 (2 Person Max)	\$105.00 (2 Person Max)
Categories: Youth 5-17 / Adult 18-54 / Senior 55+		

*Up to 8 additional family members may be added to a family pass for an additional \$10 per person at the time of initial purchase.

- Monthly and 3 month passes are transferable to any Recreation Center.

- Passes include use of Gymnasium, Swimming Pool, Fitness Center, Game Room, and Walking Track.

Lakeview Events / VIP Complex at Clayton County International Park

Meetings

Parties

Weddings and Receptions

Corporate Events

**All fees are due at time of booking payable to CCBOC or Clayton County Board of Commissioners.
Acceptable forms of payment include credit cards, checks or money orders.**

Week Day (M-Th) (8 AM to 5 PM).....	\$150.00 Per Level
Week Night (M-Th) (6 PM to 10 PM).....	\$350.00 Per Level
Weekend (Friday/Saturday/Sunday - 8 Hours).....	\$750.00 Per Level
	\$1300.00 Level 1 & 2
Additional Time (Per Hour).....	\$100.00
Refundable Clean-Up Deposit.....	\$350.00 Per Level
	\$500.00 Level 1 & 2



Lakeview Events (VIP Complex) offers two levels of space suitable for corporate meetings, seminars, wedding/receptions, parties or special events. With each level containing a dance floor, Level 1 can accommodate 272 people for a buffet style dinner while Level 2 can accommodate 112 people for buffet style dining. The Bridal Suite is available with Level 1 rental only.

Alcohol

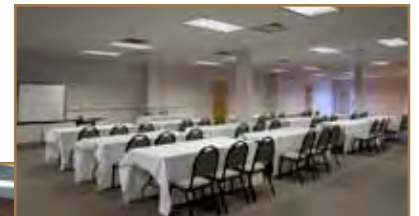
A permit must be obtained through the Community Development Office. Please call (770)477-3569 for more information. Security must be purchased and reserved through the Sales Office thirty days prior to the event at \$45.00 per hour with a three hour minimum.

Chaperone Requirements

Groups of children 18 years old and under: One adult chaperone per 20 children and one security officer per 150 children.

Additional Rentals

Easel.....	\$ 5.00 per day
Overhead projector (available only on Level 2).....	\$ 30.00 per day
6' x 6' Projector Screen Indoor.....	\$ 75.00 per day
6' x 6' Projector Screen Outdoor.....	\$150.00 per day
Easel Writing Pads	\$ 20.00 per day
Podium/PA	\$ 75.00 per day
TV and VCR	\$ 50.00 per day
Wedding Furnishings Package	\$150.00 per day
DJ (4 Hours).....	\$695.00 per day
DJ (5 Hours)	\$795.00 per day
Trailer Grill.....	\$150.00 per day
Volleyball Court (available by reservation only).....	..\$25.00 per day



Fitness Classes

POWER SCULPTING

Participants use special weights, tubes, and discs called "gliders" to give a resistance workout. This class is for Intermediate and Advanced ONLY, no beginners please.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
15+	M/W	6:45-8:00pm	Jan 4-May 8	Jim Huie	Doris Walker	Session I, II, III: \$30/\$35
15+	T/TH	9:15-10:30am	Jan 4-May 8	Jim Huie	Diana Griffin	Session I, II, III: \$30/\$35

GLUTES & ABS

Upper body workout with hand weights and rubber tubes combined with lower body workout for gluts, legs, and abs.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
18+	M/W	7:30-8:30pm	Jan 4-May 8	Virginia B. Gray	Reginald Bohannon	Session I, II, III: \$20/\$24

PILATES

Works the muscles from the inside out (core stabilization) performed on a mat.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
16+	M/W	5:15-6:00pm	Jan 4-May 8	Virginia B. Gray	Rhonda Shelton	Session I, II, III: \$20/\$24

YOGA

A combination of breathing, physical postures, and meditation exercises that enhance the mind, body and soul.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
15+	M/W	7:00-8:00pm	Jan 4-May 8	Jim Huie	Johnny Furlow	Session I, II, III: \$35/\$42
15+	T/TH	7:00-8:00pm	Jan 4-May 8	Carl Rhodenizer	Knowles	Session I, II, III: \$24/\$28

SPINNING

Participants join the instructor for 40-50 min ride on a specially designed bike that allows you to increase the resistance to simulate going up hill, riding in a bike race and riding on flat ground.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
15+	T/TH	6:00-7:00pm	Jan 4-May 8	Jim Huie	Doris Walker	Session I, II, III: \$20/\$24
15+	T/TH	12:15-1:15pm	Jan 4-May 8	Jim Huie	Debbie West	Session I, II, III: \$20/\$24
15+	SAT	11:15-12:15pm	Jan 4-May 8	Jim Huie	Antionette Wilkerson	Session I, II, III: \$10/\$14

DO THE RIGHT THING

Learn the proper way to use fitness center equipment to increase efficiency and effectiveness while working out.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
16+	TH (2nd)	7:00-8:00pm	Feb 11, Mar 11 Apr 8, May 13	Virginia B. Gray	Harry Wright	No Charge

PEE WEE BASKETBALL CAMP

This class teaches the rules and regulations of basketball, ball handling, shooting, ball movement, and free throws.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
3-5	SAT	10:00-12:00pm	Jan 4-May 8	Virginia B. Gray	Reginald Cofield	Session I, II, III: \$30/\$35

FUNDAMENTALS OF BASKETBALL

Students will learn the history of basketball, dribbling, free throws, shooting and passing. Limited to 10 participants.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
6-12	M/W	6:00-7:00pm	Jan 4-May 8	Virginia B. Gray	Reginald Cofield Sr.	Session I, II, III: \$30/\$35
13-17	M/W	7:00-8:00pm	Jan 4-May 8	Virginia B. Gray	Reginald Cofield Sr.	Session I, II, III: \$30/\$35
5-15	W	6:00-7:00pm	Jan 4-May 8	Jim Huie	Staff	No Charge

MEN'S BASKETBALL

Come out and bring your team for a competitive men's basketball league. 10 games tournament included. Total cost is \$480 per team. Church League games will be played on Mondays at 7:00pm, 8:00pm, and 9:00pm. Open League games will be played on Tuesdays at 7:00pm, 8:00pm, and 9:00pm. Must register by January, 2010. **Location:** Jim Huie Recreation Center

VOLLEYBALL

Open for public play, all experience levels welcomed.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
7+	SAT (2nd)	3:30-4:30pm	Jan 4-May 8	Jim Huie	Staff	No Charge
All	SAT	10:00-12:00pm	Jan 4-May 8	Carl Rhodenizer	Staff	No Charge

VIRGINIA GRAY HEALTH AND FITNESS CLUB

Discuss various health topics and learn how to take better care of your body and maintain a high quality of life.

Last Saturday of the Month: January 30, February 27, March 27, April 24, May 29. 10:00am-12:00pm.

Fitness Classes

BODY SCULPTING

This class is designed to tone areas and define your shape by using various techniques that will transform your body.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
15+	T/TH	7:15-8:15pm	Jan 4-May 8	Carl Rhodenizer	Veda McNeal	Session I, II, III: \$24/\$28

CARDIO KICKBOXING

Kickboxing was voted the #1 Fat Burning Activity by Muscle Magazine with the capacity to burn 500 calories per hour. Cardio Kickboxing is a beginner's class that teaches kicking and punching in a cardio format.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
15+	SAT	10:00-11:00am	Jan 4-May 8	Carl Rhodenizer	Veda McNeal	Session I, II, III: \$24/\$28
15+	M/W	7:30-8:30pm	Jan 4-May 8	Virginia B. Gray	Rhonda Shelton	Session I, II, III: \$35/\$42

TOTAL BODY WORKOUT

A basic step class that incorporates resistance, hand weights and floor exercise. (B) Indicates Beginner Level.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
15+	T/TH	7:15-8:15pm	Jan 4-May 8	Jim Huie	Ann Wilkerson	Session I, II, III: \$20/\$24
15+	M/W/F	9:15-10:15am	Jan 4-May 8	Jim Huie	Caren Gibson	Session I, II, III: \$30/\$35
15+	M/W	5:30-6:30pm	Jan 4-May 8	Jim Huie	Gwen Bennett	Session I, II, III: \$20/\$24
15+	SAT	10:00-11:00am	Jan 4-May 8	Jim Huie	Gwen Bennett	Session I, II, III: \$10/\$14
15+ (B)	T/TH	6:15-7:15pm	Jan 4-May 8	Virginia B. Gray	Sonya Jefferson	Session I, II, III: \$20/\$24
15+ (B)	T/TH	7:30-8:30pm	Jan 4-May 8	Virginia B. Gray	Enid Pigors	Session I, II, III: \$20/\$24
15+	M/W	9:15-10:15am	Jan 4-May 8	Virginia B. Gray	Sonya Jefferson	Session I, II, III: \$20/\$24
15+	M/W	6:15-7:15pm	Jan 4-May 8	Virginia B. Gray	Sonya Jefferson	Session I, II, III: \$20/\$24
15+	SAT	9:00-10:00am	Jan 4-May 8	Virginia B. Gray	Enid Pigors	\$2 per day (Drop In)

BOOT CAMP

Get your mind right and your body tight. A challenging program designed to get you in top physical condition.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
15+	T/TH	6:00-7:00pm	Jan 4-May 8	Carl Rhodenizer	Veda McNeal	Session I, II, III: \$85/\$90
	SAT	8:15-9:15pm	Jan 4-May 8			
15+	M/W	8:15-9:15am	Jan 4-May 8	Carl Rhodenizer	Veda McNeal	Session I, II, III: \$85/\$90
	SAT	8:15-9:15am	Jan 4-May 8			

NUTRITION FOR BOOT CAMPERS

This class informs enrolled bootcampers proper nutrition development to help maintain a healthy lifestyle during exercise.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
15+	T/TH	7:00-8:00pm	Jan 4-May 8	Carl Rhodenizer	Rose	Session I, II, III: \$24/\$28

KICKBOXING

Tuesday classes offer kickboxing at a high energy level and Thursday classes offer Power Sculpting.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
15+	T/TH	6:00-7:00pm	Jan 4-May 8	Jim Huie	Lauren Lacy	Session I, II, III: \$20/\$24

YOUTH AEROBICS

Designed to teach participants the basic steps of aerobics and floor exercises.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
7-12	FRI	5:30-6:10pm	Jan 4-May 8	Jim Huie	Debbie West	No Charge

HIP HOP AEROBICS

A low impact aerobic exercise that uses simple dance moves while listening to hip hop music.

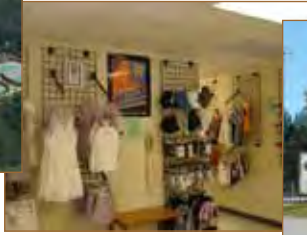
AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
16+	T/TH	7:45-8:30pm	Jan 4-May 8	Virginia B. Gray	Rhonda Shelton	Session I, II, III: \$20/\$24

INDOOR SOCCER

Open for public play, all experience levels welcomed.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
All	F	6:00-8:30pm	Jan 4-May 8	Virginia B. Gray	Staff	No Charge

Tennis Classes



JUNIOR PROGRAMS - Classes offered every four weeks. Please sign up before the date of the first class.

Session I: Jan. 4 - Jan. 30 Session II: Feb. 8 - Mar. 6 Session III: Mar. 15 - Apr. 10 Session IV: Apr. 19 - May 15

Hours, Dates, and Instructors are subject to change

LITTLE STARS (Beginners)

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
3-4	M/W	4:00-4:30pm	Jan 4 - May 15	International Park	TBA	\$35 / 4 weeks
3-4	SAT	9:00-9:30am	Jan 4 - May 15	International Park	TBA	\$35 / 4 weeks

FUTURE STARS (Beginners)

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
5-17	M/W	4:30-5:30pm	Jan 4 - May 15	International Park	TBA	\$50 / 4 weeks
5-17	SAT	9:30-10:30am	Jan 4 - May 15	International Park	TBA	\$50 / 4 weeks

RISING STARS (Advanced Beginner)

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
5-17	M/W	5:30-6:30pm	Jan 4 - May 15	International Park	TBA	\$50 / 4 weeks
5-17	SAT	10:30-11:30am	Jan 4 - May 15	International Park	TBA	\$50 / 4 weeks

ALL STARS (Intermediate)

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
5-17	M/W	6:30-8:00pm	Jan 4 - May 15	International Park	TBA	\$75 / 4 weeks
5-17	SAT	11:30-1:00pm	Jan 4 - May 15	International Park	TBA	\$75 / 4 weeks

ADULT AND SENIOR PROGRAMS - Classes offered every six weeks. Please sign up before the date of the first class.

Session I: Jan. 4 - Feb. 13 Session II: Feb. 15 - Mar. 27 Session II: Mar. 29 - May 8

Hours, Dates, and Instructors are subject to change

BEGINNERS

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
18+	T	7:00-8:00pm	Jan 4 - May 8	International Park	TBA	\$90 / 6 weeks
18+	SAT	10:30-11:30am	Jan 4 - May 8	International Park	TBA	\$90 / 6 weeks

ADVANCED BEGINNERS

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
18+	TH	7:00-8:00pm	Jan 4 - May 8	International Park	TBA	\$90 / 6 weeks
18+	SAT	10:30-11:30am	Jan 4 - May 8	International Park	TBA	\$90 / 6 weeks

INTERMEDIATE I

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
18+	M	7:00-8:00pm	Jan 4 - May 8	International Park	TBA	\$90 / 6 weeks
18+	SAT	9:30-10:30am	Jan 4 - May 8	International Park	TBA	\$90 / 6 weeks

INTERMEDIATE II

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
18+	W	7:00-8:00pm	Jan 4 - May 8	International Park	TBA	\$90 / 6 weeks
18+	SAT	10:30-11:30am	Jan 4 - May 8	International Park	TBA	\$90 / 6 weeks

Youth and Adult Athletics

(There is an additional \$10.00 Fee for all non-resident participants)

GERALD A MATTHEWS COMPLEX/LOVEJOY

Koboi Simpson – Athletic Superintendent
 Terian Williams – Athletic Supervisor
 Perry Abrams – Track/Basketball Coordinator
 Nigel Grant – Soccer Coordinator
 Adeal Bell - Adult Softball Coordinator
 Athletic Office: (770) 473-3800



MORROW-LAKE CITY PARK

Bill Boyd – Coordinator
 Park Office: (770) 603-5294

NORTH CLAYTON/FLAT SHOALS PARK

Donald Shockley – Coordinator
 Park Office: (770) 472-7623

REX PARK

Greg Tate – Coordinator
 Park Office: (770) 473-5731

CHEERLEADING & SPIRIT SPORTS

Tammie Thomas – Coordinator
 Office: (770) 473-3952

PARK & PAVILION RENTALS

Nancy Jenkins - Coordinator / Office: (770) 473-3952

PANHANDLE PARK

Casinious Moore – Coordinator
 Park Office: (770) 473-5730

JONESBORO/RUM CREEK PARK

Willie Turnipseed –Coordinator
 Park Office: (770) 473-5730

YOUTH WORLD FITNESS, INC.

Youth World Fitness, Inc. offers aspiring athletes the opportunity to train, develop skills, and enhance performance by preparing them for collegiate level athletics. This is SPARQ (Speed, Power, Agility, Reaction, Quickness) training. 3 totals sessions are available lasting 5 weeks each. Discount received if registered for all three sessions. *Must pre-register*

AGES	FEES	DATES	TIME	LOCATIONS	SEASON
14-18	\$175/session	Every Saturday	12:00-2:00pm	North Clayton / Flat Shoals Park	Jan 9 - April 17

SOCCER

AGES	FEES	DATES	TIME	LOCATIONS	SEASON
3-17	U4-\$80 U6-\$100 U8+-\$120	Last 3 Saturdays in Jan. Season opens March 6	10:00-2:00pm	Lovejoy Soccer Complex	March 6, 2010

BASEBALL

AGES	FEES	DATES	TIME	LOCATIONS	SEASON
3-14	U4-\$75 U6+-\$115	Last 3 Saturdays in Jan. Season opens April 17	10:00-2:00pm	Rum Creek, Panhandle, Morrow Lake City, Rex and North Clayton Parks	April 17, 2010

SOFTBALL

AGES	FEES	DATES	TIME	LOCATIONS	SEASON
7-16	\$115	Last 3 Saturdays in Jan. Season opens April 17	10:00-2:00pm	Rum Creek, Panhandle, Morrow Lake City and Rex Parks	April 17, 2010

TRACK AND FIELD

AGES	FEES	DATES	TIME	LOCATIONS	SEASON
7-14	\$65	Last 3 Saturdays in Jan. Season opens March 6	10:00-2:00pm	Jim Huie, Carl Rhodenizer, Virginia Gray Recreation Centers	March 6, 2010

We need Coaches for all of our youth sports programs. Experience is not required. We will train you and give you everything you need to successfully manage your team. If you are interested in volunteering for the kids in our community, please call 770-473-3800 or visit our website at www.claytoncountyathletics.org. Email: claytonathletics@gmail.com

Martial Arts

TAE KWON DO

Improves physical and mental skills, balance, coordination, strength, flexibility and self esteem.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
4-9	T	6:00-7:00pm	Jan 4-May 8	Carl Rhodenizer	Howell	Session I, II, III: \$28
10+	W	6:00-7:00pm	Jan 4-May 8	Carl Rhodenizer	Howell	Session I, II, III: \$34
6+	T	6:15-7:30pm	Jan 4-May 8	Virginia B. Gray	Chaould Tabet	Session I, II, III: \$35/\$42
	SAT	10:00-12:00pm				

TAI CHI

This is a slow moving form of martial arts and meditation that promotes stress reduction and builds stamina.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
15+	T/TH	8:00-9:00am	Jan 4-May 8	Carl Rhodenizer	Tri Le	Session I, II, III: \$45/\$54
	SAT	8:00-9:00am				
15+	M/W	8:00-9:00am	Jan 4-May 8	Carl Rhodenizer	Tri Le	Session I, II, III: \$45/\$54
	SAT	9:00-10:00am				
15+	M	6:00-7:00pm	Jan 4-May 8	Virginia B. Gray	Tri Le	Session I, II, III: \$20/\$25

ISSHIN-RYU KARATE

Punch, kick, block and formal techniques on how to fall as well as street awareness and grappling.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
9+	M/W	7:00-8:30pm	Jan 4-May 8	Jim Huie	Keith Lowry	Session I, II, III: \$35/\$42

WHITE KNUCKLES BOXING

Teaches discipline, desire and determination through the art of boxing.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
15+	TH	6:00-7:00pm	Jan 4-May 8	Virginia B. Gray	Charles Mitchell	Session I, II, III: \$45/\$54

YOUTH BOXING

This class will teach the basics of boxing and the proper defense and offensive stance along with punching and foot drills.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
8-18 (Beg)	FRI/SAT	6:00-7:00pm/12:30-1:30pm	Jan 4-May 8	Jim Huie	Brandon Wilcox	Session I, II, III: \$35/\$35
8-18 (Adv)	FRI/SAT	7:00-8:30pm/1:40-3:00pm	Jan 4-May 8	Jim Huie	Brandon Wilcox	Session I, II, III: \$35/\$35

Gymnastics and Cheerleading

BASIC CHEERLEADING / CHEER BABY

Learn the fundamentals of cheerleading in a non-competitive environment.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
7+	M	6:00-7:00pm	Jan 4-May 8	Carl Rhodenizer	Natalie Cole	Session I, II, III: \$24/\$28
4-7	W	6:15-7:15pm	Jan 4-May 8	Jim Huie	Renee' Morris	Session I, II, III: \$25/\$30
8-14	W	7:15-8:15pm	Jan 4-May 8	Jim Huie	Renee Morris	Session I, II, III: \$25/\$30
3-5	T	6:00-7:00pm	Jan 4-May 8	Carl Rhodenizer	Natalie Cole	Session I, II, III: \$24/\$28

TUMBLING / GYMNASTICS / KINDASTICS

Practiced by men and women, gymnastics incorporates rolls, back tucks, handsprings, round offs, and cartwheels.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
3-7	M	6:00-7:00pm	Jan 4-May 8	Carl Rhodenizer	Natalie Cole	Session I, II, III: \$24/\$28
6-12	F (GYM)	5:00-6:00pm	Jan 4-May 8	Jim Huie	Cassandra Sanders	Session I, II, III: \$20/\$24
5-8	T (TUM)	6:00-7:00pm	Jan 4-May 8	Jim Huie	Natalie Cole	Session I, II, III: \$25/\$30
8-14	T (TUM)	7:00-8:00pm	Jan 4-May 8	Jim Huie	Natalie Cole	Session I, II, III: \$25/\$30

ADVANCED COMPETITION CHEERLEADING

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
5-14	SAT	11:00-12:00pm	Jan 4-May 8	Carl Rhodenizer	Banks	Session I, II, III: \$24/\$28

Arts & Crafts

CERAMICS / PORCELAIN DOLLS

Students will make figurines, cups, faces, etc. using printing methods.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
15+	T	7:00-9:00pm	Jan 4-May 8	Jim Huie	Kate Jessop	Session I, II, III: \$25/\$30

Dance Classes

CHICAGO STYLE STEPPING

This class incorporates general health benefits through leg, upper arm, cardio and abdominal workouts. This is a relaxed form of ballroom dancing. Comfortable shoes are a must - heels for women and leather-soled shoes for men.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
15+	TH	6:30-8:30pm	Jan 4-May 8	Carl Rhodenizer	Mrs. James	Session I, II, III: \$35/\$42
15+	SAT	11:30-1:00pm	Jan 4-May 8	Carl Rhodenizer	Mrs. James	Session I, II, III: \$35/\$42
15+	SAT	2:00-3:30pm	Jan 4-May 8	Carl Rhodenizer	Mrs. James	Session I, II, III: \$35/\$42
15+	FRI	7:00-8:30pm		Virginia B. Gray	Papa T	Session I, II, III: \$24/\$28

HIP HOP DANCE

This class teaches participants the basics of hip hop choreography and style while having fun and getting in shape.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
6-17	SAT	10:00-11:00am	Jan 4-May 8	Jim Huie	Cassandra Sanders	Session I, II, III: \$22/\$26

BALLROOM DANCING

This class gives you agility, builds strength and flexibility in your legs and arms.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
15+	M/W	5:00-6:00pm	Jan 4-May 8	Carl Rhodenizer	Rhonda Willis	Session I, II, III: \$24/\$28
15+	SAT	4:00-5:00pm	Jan 4-May 8	Carl Rhodenizer	Rhonda Willis	Session I, II, III: \$24/\$28

BALLET & JAZZ

A fun combination and technique of ballet and jazz that uses a bar for a portion of the class.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
3-7	SAT	9:00-10:00am	Jan 4-May 8	Carl Rhodenizer	Hargis	Session I, II, III: \$24/\$28
7+	SAT	10:00-11:00am	Jan 4-May 8	Carl Rhodenizer	Hargis	Session I, II, III: \$24/\$28

BALLET, TAP & JAZZ

Learn the structure of dance with exercise and movements such as stretching and warm up galloping and jumping.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
3-5	M/W	5:10-5:55pm	Jan 4-May 8	Jim Huie	Sherona Mumphery	Session I, II, III: \$20/\$24
6-10	M/W	6:00-6:50pm	Jan 4-May 8	Jim Huie	Sherona Mumphery	Session I, II, III: \$20/\$24
5-12	W	6:00-6:45pm	Jan 4-May 8	Virginia B. Gray	Dacia Bidgood	Session I, II, III: \$20/\$25

BALLET (Beginner)

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
5-8	SAT	11:45-12:30pm	Jan 4-May 8	Virginia B. Gray	Dacia Bidgood	Session I, II, III: \$20/\$25
7-12	SAT	12:45-1:15pm	Jan 4-May 8	Virginia B. Gray	Dacia Bidgood	Session I, II, III: \$15/\$20
<i>Baby Tap</i>						
3-5	SAT	11:00-11:30am	Jan 4-May 8	Virginia B. Gray	Dacia Bidgood	Session I, II, III: \$15/\$20
<i>Jazz</i>						
7-12	SAT	1:30-2:15pm	Jan 4-May 8	Virginia B. Gray	Dacia Bidgood	Session I, II, III: \$20/\$25

CREATIVE MOVEMENT

Children use their imaginations and movement is free and expressive in this fundamental dance and exercise.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
3-5	SAT	10:00-10:45am	Jan 4-May 8	Virginia B. Gray	Dacia Bidgood	Session I, II, III: \$20/\$25

Seasonal Camps

ACTIVIDAYS

Register your child for a day or week of supervised activities including arts and crafts, gym games, swimming, fun times in the game room, and even field trips. Offered at Carl Rhodenizer Recreation Center, Jim Huie Recreation Center, Virginia B. Gray Recreation Center. Please contact your nearest Recreation Center for additional information and details.

MLK ACTIVIDAY

\$15. 7:00am-6:00pm. January 18.

TEACHER'S WORK DAY ACTIVIDAY

\$15. 7:00am-6:00pm. March 15.

WINTER BREAK CAMP

\$50. 7:00am-6:00pm. February 11, 12, 15.

SPRING BREAK CAMP

\$50. 7:00am-6:00pm. April 5-9

Special Interest Classes / Activities

P.A.R.K. AFTER SCHOOL PROGRAM

More than just your average after school program, students will be exposed to various sports such as basketball and soccer, theme based activities, field trips and a great learning environment. Homework time and life skills are two very important aspects of this after school program. If you are seeking an extraordinary afterschool experience for your child, this is the place! Pick up available from R.T. Smith, E. Clayton Adamson and Rex Middle School. Registration is ongoing.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
5-14	M-F	2:30-6:30pm	Jan 4-May 8	Carl Rhodenizer	Staff	\$50 Weekly Registration Fee
5-14	M-F	2:30-6:30pm	Jan 4-May 8	Jim Huie	Staff	\$50 Weekly Registration Fee
5-14	M-F	2:30-6:30pm	Jan 4-May 8	Virginia B. Gray	Staff	\$50 Weekly Registration Fee

AFRICAN LANGUAGE

In today's interconnected world of activities and human interactions, speaking multiple languages is always beneficial.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
5+	SAT	10:00-11:00am	Jan 4-May 8	Carl Rhodenizer	Dr. Ojior	No Charge

BOOK CLUB

The book club will encourage active readers to read more and discuss what the books are about.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
18+	SAT (1st)	10:00am	Jan 4-May 8	Carl Rhodenizer	Ms. Elaine	No Charge

PAJAMA STORIES AND CRAFTS

Children will wear their pj's and bring their favorite toy. Children will read stories, sing songs, and create crafts.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
3-6	M	7:00-7:30pm	Jan 4-May 8	Carl Rhodenizer	Hambrick	No Charge

TAKE CONTROL OF YOUR MONEY

The Clayton County Extension office is offering information about money management.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
18+	T (1st)	6:00-8:00pm	Jan 4-May 8	Jim Huie	Extension Staff	No Charge

BOY SCOUTS

Scouting is an outdoor program designed to develop character, citizenship, and fitness.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
11-17	M	7:00-8:30pm	Jan 4-May 8	Carl Rhodenizer	Betty Jo Grossnickle	TBA

GIRL SCOUTS and BROWNIES

A informal experimental and cooperative education program that promotes girls growth and leadership.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
5-15	SAT (2&4)	10:00-1:00pm	Jan 4-May 8	Carl Rhodenizer	Deborah Burke	TBA

GO GIRLS GO! ATLANTA

Focuses on women's sport foundation designed to combat the alarming physical and psychological health hazards.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
All	T	6:30-7:30pm	Jan 4-May 8	Carl Rhodenizer	Staff	No Charge

VIRGINIA GRAY CAFE

Open mic, spoken word and poetry. An opportunity to express yourself in an open and intimate setting.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
All	TH (3rd)	7:00-8:30pm	Jan 21, Feb 18 Mar 18, Apr 15 May 20	Virginia B. Gray	Staff	No Charge

FAMILY FUN NIGHT

Bring the entire family to enjoy a night of fun at the Virginia Burton Gray Recreation Center to include arts and crafts, board games, gym games (indoor soccer, badmitten, slow motion tag, floor hockey, etc.). No Charge. All Ages.

Last Friday of each month: January 29, February 26, March 26, April 23, May 28. 6:30pm-8:00pm.

PARENT'S NIGHT OFF

Take a "night off" from your kids and bring them to the Virginia Burton Gray Recreation Center. Registration Required.

No Charge. Ages 5-12. First Friday of every month: February 5, March 5, April 2, May 7. 6:30pm-8:00pm

THE DECORUM GROUP

The Decorum Group is a personal training and development organization that provides workshops and community activities designed to address the social development needs of today's youth. This organization addresses the needs surrounding etiquette, social skills, mentorship and leadership development. Please visit the website: www.thedecorumgroup.com (404) 704-2197

Special Interest Classes / Activities

YOUTH LEADERSHIP DEVELOPMENT TRAINING

Designed to instill practical skills needed to become efficient, responsible, self-fulfilled, and goal oriented youth leaders.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
12-16	T	7:00-8:00pm	Jan 4-May 8	Carl Rhodenizer	Connelly	Session I, II, III: \$26/\$30

ACTIVE HOMESCHOOLERS

Come by the recreation center for organized activities. This program is exclusively for children who are homeschooled.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
All	T/TH	10:00-11:30am	Jan 4-May 8	Carl Rhodenizer	Staff	Daily Usage Fees

W.O.W BOOK CLUB

Read books on everyday issues that help strengthen your vocabulary skills. Each month you will read a different book and discuss at weekly meetings. W.O.W stands for "Words of Wisdom" and will serve as the motto for this program.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
18+	M	6:15-7:15pm	Jan 4-May 8	Jim Huie	Staff	Cost of Books

G.I.R.L.S. (Girly Intelligent Radiant Loveable Sistahs)

Designed to help young girls become better speakers. This program combines the art of public speaking and dance into one by building self-esteem and raising confidence. Sample activities include debates, step, hip hop dance and much more. There will be a mandatory parent meeting on January 28, 2010 at 6:30pm at the Jim Huie Recreation Center.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
10-12	M/W	6:15-7:30pm	Jan 4-May 8	Jim Huie	Staff	No Charge

Cards / Games

BINGO

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
30+	TH	7:00-8:00pm	Jan 4-May 8	Carl Rhodenizer	TBA	No Charge

TEXAS HOLD'EM

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
30+	M	7:00-8:00pm	Jan 4-May 8	Carl Rhodenizer	Staff	No Charge

DOMINOS

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
30+	W	7:00-8:00pm	Jan 4-May 8	Carl Rhodenizer	Staff	No Charge

BIZ WIZ

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
30+	T	7:00-8:00pm	Jan 4-May 8	Carl Rhodenizer	Staff	No Charge

INTRODUCTION TO CHESS

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
All	T	6:00-7:00pm	Jan 5, Feb 2, Mar 2, Apr 6, May 4	Virginia B. Gray	Staff	No Charge

THE CHESS ELITE AND SCRABBLE

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
All	T	6:00-8:00pm	Jan 4-May 8	Virginia B. Gray	Staff	No Charge

PIZZA AND PUZZLES

This is a preschool program designed to help toddlers learn about puzzles. Hungry Howies Pizza sponsors this event.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
2-6	TH (1st/3rd)	6:30-7:30pm	Jan 4-May 8	Jim Huie	Staff	No Charge

GAME ROOM HAPPENINGS

Open play, sign up sheets are posted in the gymnasium. At the end of each month, a tournament will be scheduled.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
6-18	M-F	5:30-9:00pm	Jan 4-May 8	Jim Huie	N/A	No Charge

Adventure Recreation and Nature Programs

Pre-registration is required for all programs. Most programs may be scheduled for alternate dates for groups of 5 or more.

For more information please call the Reynolds Nature Preserve Center at 770-603-4188.

The Preserve is open 7 days a week from 8:00am until dusk and the Nature Center is open Monday through Friday from 8:00am until 5:00pm



BUILD A SCREECH OWL HOUSE

Invite these unique birds into your backyard by building a home for them. Children under 12 must be accompanied by an adult.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
8+	W	3:00-4:00pm	March 3	Reynolds	John Williams	\$12.00

THRASHER BASH

Learn about the state bird of Georgia while exploring the woods at Reynolds. Participants will take home habitat and food source.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
8+	TH	1:30-3:00pm	March 25	Reynolds	Will Wagner	\$7.00

SSSSNAKES.....

The nature center is home to 6 snakes native to Georgia. Join a ranger for a hands on program about these amazing reptiles.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
7-12	M	2:00-3:00pm	January 11	Reynolds	Will Wagner	\$4.00

AFTER SCHOOL MATINEE

The Lorax, by Dr. Seuss is a classic story that sends a lasting message... a must see for all future environmentalists!

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
5-10	TH	4:30-5:30pm	February 11	Reynolds	Stephanie Berens	Free (Donation Suggested)

GREEN THUMB GARDENING

The frost has lifted! Visit the heritage garden and learn from an experienced gardener how to grow edible herbs and vegetables. Each participant will take home their very own seed pot.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
8+	W	3:00-4:00pm	April 21	Reynolds	Stephanie Berens	\$8.00

TEAM BUILDING

Communication and cooperation is key in this workshop which teaches "team player" skills. Pre-register for groups of 8+.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
All	Please call Center		Please Call Center	Reynolds	Will Wagner	\$4.00

BUILD A BLUEBIRD HOUSE

In early spring, Bluebirds begin searching for a suitable spot to build their nest. Prepare for the arrival of our feathered friends by creating a home just for them in your own backyard. Children under 12 must be accompanied by an adult.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
8+	T	3:00-4:00pm	February 23	Reynolds	John Williams	\$12.00

BUILD A BAT HOUSE

Build a home for hungry mosquito eaters and Earth's only flying mammal. Children under 12 must be accompanied by an adult.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
8+	T	3:00-4:30pm	April 6	Reynolds	John Williams	\$12.00

BUILD A WOODPECKER HOUSE

Winter is the ideal time to watch resident woodpeckers because of the bare trees. Invite these active bug eating birds into your own backyard by building a home just for them. Children under 12 must be accompanied by an adult.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
8+	W	3:00-4:30pm	January 27	Reynolds	John Williams	\$12.00

ORIENTEERING

Get prepared for the great outdoors with basic compass and map skills. Children under 12 must be accompanied by an adult.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
8+	T	1:30-3:00pm	March 16	Reynolds	Will Wagner	\$4.00

Aquatic Classes

H2O WORKS

Resistance exercise using hand buoys, tubing, and medicine balls.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
15+	M/W	6:15-7:15pm	Jan 4 - May 8	Steve Lundquist	Okechi Furlow	Session I, II, III: \$35
13+	M	7:15 - 8:15pm	Jan 4 - May 8	Virginia B. Gray	Chandra Gilchrist	Session I, II, III: \$18/\$21
13+	SAT	10:00-11:00am	Jan 4 - May 8	Virginia B. Gray	Chandra Gilchrist	Session I, II, III: \$18/\$21

AQUA FUSION

Boxing drills, relay games, and resistance work using hand buoys, tubing, and medicine balls to work the upper/lower body.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
15+	T/TH	6:30-7:30pm	Jan 4 - May 8	Steve Lundquist	Terri Adams	Session I, II, III: \$35
15+	T/TH	6:00-7:00pm	Jan 4 - May 8	Virginia B. Gray	Reginald Bohannon	Session I, II, III: \$35/\$42
15+	T/TH	7:15-8:15pm	Jan 4 - May 8	Virginia B. Gray	Reginald Bohannon	Session I, II, III: \$35/\$42

AQUA AEROBICS

This class combines cardio exercises with toning exercises for the upper and lower body.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
15+	M/W	11:00-12:00pm	Jan 4 - May 8	Steve Lundquist	Sonya Jefferson	Session I, II, III: \$35

LEARN TO SWIM (LEVEL 1)

This is an introduction class to water skills. Give your child the skills they need to be safe in, on and around the water.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
6-12	M/W	5:00-5:30pm	Jan. 4 - May 8	Virginia B. Gray	Mikala Glanton	Session I, II, III: \$40/\$48
21+	M/W	6:30-7:00pm	Jan 4 - May 8	Virginia B. Gray	Mikala Glanton	Session I, II, III: \$40/\$48

LEARN TO SWIM (LEVEL 2)

For students who have completed Level 1 will gain fundamental aquatic skills while being safe in, on and around the water.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
6-12	M/W	5:45-6:15pm	Jan 4 - May 8	Virginia B. Gray	Mikala Glanton	Session I, II, III: \$40/\$48

AQUA BOOTCAMP

This high intensity class involves cardio workout and resistance work using tubing, hand buoys and medicine balls.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
15+	FRI	6:00-7:00pm	Jan 4 - May 8	Steve Lundquist	Debbie West	Session I, II, III: \$17.50
15+	SAT	10:15-11:15am	Jan 4 - May 8	Steve Lundquist	Okechi Furlow	Session I, II, III: \$17.50

PARENT / TOT SWIMMING

Parents enjoy an aquatics experience with your toddler. Toddlers are responsible for wearing a swim diaper. (1 adult/child)

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
0-2	FRI	8:30-9:15am	Jan 4 - May 8	Steve Lundquist	Certified Lifeguard	No Charge

ARTHRITIS AEROBICS

This is a gentle workout to exercise the joints, build endurance and stamina according to the Arthritis Foundation guidelines.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
18+	SAT	9:00-10:00am	Jan 4 - May 8	Steve Lundquist	Leslie King	Session I, II, III: \$17.50
18+	M/W	12:15-1:00pm	Jan 4 - May 8	Steve Lundquist	Sonya Jefferson	Session I, II, III: \$35
18+	T/TH	5:15-6:15pm	Jan 4 - May 8	Steve Lundquist	Terri Adams	Session I, II, III: \$35

YOUTH SWIM LESSONS (Swim Lesson Provided by Tara Tarpons Swim Association)

Ages 3-17. Winter/Spring Youth Swim Lessons will be broken down into monthly sessions. Each session includes eight lessons. Each time slot will include instructors for all swim levels. Classes are 40 minutes and will be held Tuesdays & Thursdays for the entire month with make-ups on Saturdays. Each class will be limited to 16 participants. Early registration is recommended. \$40/per session. PM Sessions: 5:45-6:25, 6:30-7:10, 7:15-8:00. *No classes the week of Spring Break April 5-9*

Registration - Jan Lessons:	Begins: Monday Dec 21	Classes Start: Jan 5 / end Jan 28
Registration - Feb Lessons:	Begins: Monday Jan 18	Classes start: Feb 2 / end Feb 25
Registration - March Lessons:	Begins: Monday Feb 15	Classes start: March 2 / end March 25
Registration - April Lessons:	Begins: Monday March 15	Classes start: March 23 / end April 29
Registration - May Lessons:	Begins: Monday April 26	Classes start: May 4 / end May 27

ADULT SWIM LESSONS:

The Aquatic Center is accepting registration for Winter/Spring Adult Swim Lessons. Adult Swim lessons will be broken down into two week sessions. Each session includes four (45 min.) lessons. Lessons will be broken down into 2 combined levels including Swim Basic & Stroke Development. Classes are offered Tues. & Thurs. / 6:00-6:45pm. Each session is \$45. Registration Deadlines: Classes will be formed based on demand. Please contact Mario Henson for more information.

Therapeutic Recreation

Therapeutic Recreation Programs are designed specifically for individuals with disabilities. Our programs are designed with an emphasis on education, leisure, sports, and socialization. Our goal is to provide educational and recreational programs that address such issues as self-esteem, motor skills, and social skills, while allowing the opportunity to participate and have FUN! Parent/Child Interview required for program participation.

BOWLING

Come show us your bowling skills. Adaptive equipment is available. You must pre-register.

AGES	DAYS	TIME	DATES	LOCATION	CONTACT	SESSION / FEES
All	T	3:30-5:30pm	Jan 5-Feb 6	Forest Park	(678) 479-5134	Session I: 5wks/\$35

PRESCHOOL ZONE

A fun-filled hour of creative play that include art, gym play, games, puzzles, and more.

AGES	DAYS	TIME	DATES	LOCATION	CONTACT	SESSION / FEES
3-6	TH	4:00-5:00pm	Jan 4-May 8	Carl Rhodenizer	(770) 472-8042	No Charge

CHEW N' CHAT SOCIAL CLUB

Are you ever bored on a Friday night? If so, the TR Social Club is the place to be. Activities will include game nights, arts & crafts, gym play, movies, and discussion time. So come on out and have some fun.

AGES	DAYS	TIME	DATES	LOCATION	CONTACT	SESSION / FEES
13+	FRI	6:00-8:00pm	Jan 22, Feb 19, Mar 19, Apr 16 May 14	Carl Rhodenizer	(770) 472-8042	\$3 Per Social

FAMILY BINGO NITE

For participants and their families. B.I.N.G.O. will be played in a variety of ways. Must pre-register by phone.

AGES	DAYS	TIME	DATES	LOCATION	CONTACT	SESSION / FEES
All	FRI	6:00-8:00pm	Feb 26, Apr 23	Carl Rhodenizer	(770) 472-8042	No Charge

BASIC YOGA

Instructor-Based class designed to teach the basic fundamental moves and positions of yoga. This class is exclusively for special needs participants and their families and involves basic stretches to increase flexibility, build muscles, strengthen the spine, increase strength, and tone.

AGES	DAYS	TIME	DATES	LOCATION	CONTACT	SESSION / FEES
15+	TH	6:00-7:00pm	Jan 4-May 8	Jim Huie	(678) 479-5134	Session I, II, III: \$17.50/\$20.00

SWEETHEART DANCE

Bring your sweetheart! A traditional dance with live music, food and fun. You must pre-register.

AGES	DAYS	TIME	DATES	LOCATION	CONTACT	SESSION / FEES
13+	FRI	7:00-9:00pm	Feb 12	Jim Huie	(678) 479-5134	\$5 Admission

ST. PATRICK'S DAY DANCE

Don't forget your green! A traditional dance with live music, food and fun. You must pre-register.

AGES	DAYS	TIME	DATES	LOCATION	CONTACT	SESSION / FEES
13+	F	7:00-9:00PM	Mar 12	Jim Huie	(770) 472-8042	\$5 Admission

PIZZA AND PUZZLES

This program is designed for children and parents. There are special requirements for this program.

AGES	DAYS	TIME	DATES	LOCATION	CONTACT	SESSION / FEES
5-7	TH	6:00-7:00PM	Jan 4-May 8	Jim Huie	(770) 472-8042	No Charge

GYMNASTICS

Instructor based class designed to teach the fundamentals. Special requirements for this program.

AGES	DAYS	TIME	DATES	LOCATION	CONTACT	SESSION / FEES
5-12	TH	5:00-6:00PM	Jan 4 - May 8	Carl Rhodenizer	(770) 472-8042	Session I, II, III: \$24/\$28

MOVIE NITE

Come join us the 1st Friday of the month for a free movie and popcorn!

AGES	DAYS	TIME	DATES	LOCATION	CONTACT	SESSION / FEES
13+	F	6:00-8:00PM	Feb 5, Mar 5, Apr 2, May 7	Jim Huie	(770) 472-8042	No Charge

Forever Young (Ages 50 and Up)

The program "Forever Young" is designed specifically for individuals 50 and up. This program will include a variety of Drop-In Activities. Activities will include Aerobics/Fitness Classes, Organized Clubs, Special Interest Groups, and Sports. The varied activities will be offered in 5-6 week sessions. Activities will be free of charge with a Center membership. *For more information, please contact Tori Moses (770) 472-8042*

WALKING CLUB

Each member will keep a daily log of laps walked on the indoor track and discuss progress while encouraging one another and planning group activities. Prizes will be given at the end of each session for the most laps.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
50+	M	6:00pm	Jan 4	Carl Rhodenizer	N/A	TBA

NUTRITION FOR SENIORS

This class will inform seniors with materials for developing proper nutrition to maintain a healthy lifestyle.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
50+	M/W	8:30-9:30am	Jan 4-May 8	Carl Rhodenizer	Rose	Session I, II, III: \$24/\$28

THE GOLDEN HOUR

One hour of game room fun! Activities will include pool, foosball, ping-pong, board games, etc.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
50+	W	11:00-12:00pm	Jan 4-May 8	Carl Rhodenizer	Staff	No Charge

LOW IMPACT AEROBICS

This class is designed to incorporate aerobics by using movements that involve large muscle groups used in continuous rhythmic activity in which at least one foot contacts the floor at all times.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
50+	M/W	9:00-10:00am	Jan 4-May 8	Carl Rhodenizer	Veda McNeal	Session I, II, III: \$20/\$24

BROOKDALE DINE AND DANCE CLUB (Located at the Jim Huie Center)

Seniors are encouraged to attend once a week to have a good meal, socialize with nice people, and get good exercise by dancing. The club has provided an alcohol and smoke free environment for more than twenty years in Clayton County. Guests are encouraged to bring a covered dish.

Held Fridays from 6:00pm until 8:45pm.

GRAND OLE' GRANDPARENTS DAY

This is a chance for grandparents to bring their grandchildren out for a day of fun. This day will include ice cream, arts and craft, games, and swimming. Don't forget to bring your swim suits and towels.

AGES	DAYS	TIME	DATES	LOCATION	INSTRUCTOR	SESSION / FEES
50+	SAT	12:00-4:00pm	February 6	Jim Huie	Staff	No Charge



International Park "The Beach"

2010 Operating Schedule

April 2010						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

May 2010						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

June 2010						
S	M	T	W	T	F	S
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

July 2010						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

August 2010						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

September 2010						
S	M	T	W	T	F	S
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

Beach Open Wednesday - Thursday - (10:00 am - 6:00 pm)
Beach Open Friday (11:00 am - 6:00 pm)
Beach Open Saturday - (10:00 am - 7:00 pm)
Beach Open Sunday - (1:00 pm - 7:00 pm)
Beach Open on Holidays (10:00 am - 8:00 pm) *
Labor Day (10:00 am - 7:00 pm) *
Fishing Rodeo (May 15th 8:00 am - 12:00 pm)
Season Passes Available (5:00pm - 7:00pm)
Fireworks -
Memorial Day Weekend - Saturday May 29th
July 4 th
Labor Day Weekend - Saturday September 4th

BEACH FEES	
Adults (Ages 13-54)	\$11.00
Children (Ages 3-12)	\$ 9.00
Senior Adults (Ages 55+)	\$ 9.00
Children (2 and under) (With Swim Diaper)	FREE

HOLIDAY FEES

All patrons ages three and above will be charged \$10.00 per person to enter the park on the following Holidays: Memorial Day, Fourth of July, and Labor Day. All clients who rent a pavilion on the Holidays must have a member of your party present by 10AM. There will be no pre-sold tickets on Holidays.

Muscle Beach Fitness Center

at Clayton County International Park *NO CONTRACTS*

(770) 472-8093

Hours of Operation:

Monday – Thursday: 6:00am to 9:00pm Friday: 6:00am to 8:00pm Saturday: 9:00am to 5:00pm

Membership Fees

(All payments must be in the form of cash or check)

	Clayton County Resident	Non-Resident
<i>Individual (members must be at least 16 years old)</i>		
Monthly	\$20	\$25
Six Months	\$100	\$125
One Year	\$190	\$240
<i>Family (membership for 2 persons from same family)</i>		
Monthly	\$30	\$40
Six Months	\$150	\$200
One Year	\$300	\$400
One Day Pass	\$5	\$5

International Park "The Beach"

Opening Weekend - Memorial Day

Saturday, May 29 10:00am - 8:00pm

Admission \$10 Per Person



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Editor in Chief: Amy Keeney
Assistant Editor: Lindsey DeLong
Graphic Designer: Regina Yawn