



## **US Youth Soccer announces 20<sup>th</sup> Anniversary of National Youth License**

### **Course designed to complement U.S. Soccer coach development pathway**

**FRISCO, Texas (April 1, 2015)** — [US Youth Soccer](#), the nation's largest youth sports organization, is pleased to announce the 20<sup>th</sup> Anniversary of the National Youth License coaching course - first launched in 1995. Effective today, the NYL has been renamed the National Youth Coaching Course to better define the opportunity to further educate coaches across the country.

The National Youth Coaching Course is designed to provide club directors of coaching, youth coaches, physical education teachers, and soccer administrators with the knowledge to successfully structure soccer environments for children aged 4-12.

The core aspects of the course include:

- The Role of the Coach as Facilitator
- Physical, Mental and Emotional Needs and Capabilities of Players aged 4-12
- Lessons from Developmental Psychology
- The Art of Teaching

Pioneered in the National Youth Coaching Course, candidates are videotaped for analysis during live training sessions to improve their coaching method while interacting with very young players.

The National Youth Coaching Course is conducted through a partnership with US Youth Soccer State Associations and held from coast to coast. A complete listing of courses currently scheduled for 2015 is available [here](#).

Designed and funded by US Youth Soccer in 1995, as the National Youth License, US Youth Soccer, U.S. Soccer and US Youth Soccer State Associations have been delivering the course for over 20 years.

“U.S. Soccer has led the way, along with US Youth Soccer, to educate the coaches who train our youngest players,” said Sam Snow, Director of Coaching for US Youth Soccer. “There is a mutual interest to provide a vibrant youth soccer experience, which is enhanced through the coaching education pathway.”

US Youth Soccer provides youth soccer coaches an abundance of coaching resources from coaching specific newsletters, articles, small-sided game resources, manuals, training-session plans and more on [www.usyouthsoccer.org](http://www.usyouthsoccer.org).

#### **Coaching Resources:**

- [Coaching Advisor Newsletter](#)
- [How to Write a Training Session](#)
- [Online Courses](#)
  - CDC’s Head’s Up! Online Training for Youth Sports Coaches(free)
  - Coaching Healthy Habits(free)
  - Constructive Soccer – Principles of Play (free)
- [Coaches Blog](#)
- [Help! I Volunteered to Coach](#)
- [Play Positive™ Coaching Page](#)

For more information on US Youth Soccer, visit [www.USYouthSoccer.org](http://www.USYouthSoccer.org). For more information on US Youth Soccer Coaching Education, visit [www.USYouthSoccer.org/coaches](http://www.USYouthSoccer.org/coaches).

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**About the United States Youth Soccer Association (US Youth Soccer)** - US Youth Soccer - "The Game for ALL Kids!®" is the largest youth sports organization in the country and largest member of the United States Soccer Federation, the governing body of soccer in the United States. US Youth Soccer registers more than 3 million players annually, ages 5 to 19, and over 900,000 administrators, coaches and volunteers in 55 member State Associations. US Youth Soccer programs provide a fun, safe and healthy environment for players at every level of the game. For more information, visit [www.USYouthSoccer.org](http://www.USYouthSoccer.org).