

Clayton County Parks & Recreation Department

U6 Basketball Rules & Regulations

I. PURPOSE

The purpose of the Junior Basketball Program is to provide a recreational and developmental activity with the major emphasis on fun and enjoyment. Fundamentals, sportsmanship and fair play are to be stressed.

REMINDER: THIS LEAGUE IS STRICTLY DEVELOPMENTAL

II. GOVERNING AUTHORITY

The governing authority of this league will be the Clayton County Parks & Recreation Department. The program will operate under supervision of the Athletic Division staff.

III. ELIGIBILITY

1. The age control date for all age groups will be December 31, of the current year. The age of the player on this day determines the age group he/she will play in. Age groups for Boys & Girls include: 5/6CoEd.
2. Children must be 5 at the time of registration.

IV. COACHES

1. All coaches are held responsible for having read the by-laws and Regulations of the league.
2. All coaches will be required to attend a meeting and coaching clinic, before or during the season.
3. All coaches will be held responsible for conducting himself/herself in a sportsmanlike manner. Failure to comply may lead to **TEAM DISQUALIFICATION AND COACH'S SUSPENSION.**
4. Only coaches registered in the Clayton County Youth Basketball League may be in the bench area. One coach standing one coach on the Bench. All others must be in the stands.

All coaches must stay in the bench area. If there is a coaching box you must be in the box. (Player safety and scorekeepers view) No balls should be brought to the gym for practice and/or game day. There can only be one coach standing at a time during game play.

V. GAMES

All games will be played in accordance with the rules of the Clayton County Parks and Recreation Department.

5-6 Age Group

1. Games shall consist of two (2) half. Each half will played to a (12) minutes running clock. The clock will stop at the (7) minutes mark for substitutions. **Anyone not starting that quarter will be inserted into the game and remain until the end of that quarter.** Free substitutions are allowed in the last (2) minutes of each half. All U6 games will be played on 8ft. goals. The game will begin with the home team having possession. Each team will have 2 (two) time-outs per half. No carryovers. The coach or player may request a time-out.
2. No guarding, in the backcourt, is permitted. Under no circumstances may the defensive team take the ball away from the offensive team in the back-court area. Defensive team must be behind the line & (in the box). Goals will be at 8 feet, staff and referees will monitor the game. The ball size is 28.5.
3. Fast Breaks **are not allowed.**
4. Immediately after losing the basketball, either by a successful shot or any sort of turnover, the defensive players must retreat to the head of the foul circle / line at the other end of the court.
5. **Coaches are allowed to be on the court for the first two games of the season, only in order to help get the players adjusted to game play. After the second game all coaches must remain in the coaches box on their respective sides of the court at all times. Only one coach should be standing at any time during the game.**
6. **The offensive team will have 45 seconds to shoot the ball once they are in the front court of their goal. Once time has expired, the referee will rule it a turnover.**
7. **When on defense, if your team delays the game more than 4 times in a series (jumping out the box), it will result in a technical foul. A technical foul will give the offensive team two free throw shots.**
8. **Overtime**, if necessary, shall start (1) minute after regulation play ends. Each team shall participate in a shoot-out between players on the court at the end of the game. In the event of a second overtime each team will pick **three** players for the shoot-out. Free throws will be taken simultaneously by the 2 teams. The team with the most baskets will be the winner. **A tie remains a tie after the second overtime during regular season games.**

VI. GENERAL RULES AND CONDUCT

1. No rowdiness, profane language, or display of unsportsman like conduct will be tolerated from players, spectators or coaches. Anyone failing to comply will be subjected to review by the Parks and Recreation Department, with disciplinary action given appropriately. All coaches are also responsible for controlling parents and spectators of their team. If a coach cannot maintain order a forfeit **can** be declared.
2. Coaches are charged with the responsibility of teaching good sportsmanship and winning attitudes, as well as sound fundamentals of team basketball.
3. It is understood that all participants in this league do release any person or group connected with the teams or league, from all liabilities sustained from any and all injuries by the participants while playing, practicing or traveling to and from said activity.
4. The only children allowed on the basketball courts are the teams playing. All other children are not allowed on the court during time-outs or half times.
5. Do not tamper with any lockers, or any articles left in the bathrooms or gyms.
6. Each team should clean up around the bench area after their game.
7. Any continual disciplinary problems from a coach, player, parent, or fan, will be brought before the Parks and Recreation Department for a disciplinary hearing.
8. Have fun, enjoy yourself and remember, we are all neighbors and should conduct ourselves in a friendly manner.

Very Important: Stay out of the workout area. Everyone should remain in the Gym at all times
Unless going to the restrooms or snack room.
Please limit any snacks & drinks to areas allocated for that at all facilities.
Please obey the No smoking policy of the CCBOE

Should you have any questions regarding rules or any other matter, contact the Athletic Office
at 770-473-3800 M-F 8:30-5:00.